



# MEMBERS NEWSLETTER

Information in this Newsletter is for Probos members only

## FOR YOUR DIARY

### Tuesday 2<sup>nd</sup> June

General Meeting  
10:00

Speaker: Jenny Sheperd  
"Sudden Cardiac Arrest"

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### Thursdays

Coffee Morning  
Sunroom 10:00

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### Monday 8<sup>th</sup> June

Golf

TBA

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### Tuesday 9<sup>h</sup> June

Movies

Sandy Mower

TBA

\*\*\*\*\*

### Friday 12<sup>th</sup> June

Exotic Lunch

Mosman RSL

Shavarsh

See Page 5

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### Tuesday 16<sup>th</sup> June

City of Sydney Fire Station

Tour

10:00

Lex Lees

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### Friday 19<sup>th</sup> June

Book Club

Juliet Bishop

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### Monday 22<sup>nd</sup> June

Golf

TBA

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### Wednesday 24<sup>th</sup> June

President's Lunch

The Stone Restaurant

551 Lyons Road

Five Dock

12:00 Noon

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## From the President

Dear Probos Members,

As I began to write my piece for our June Probos Newsletter, I referred to Google for some good news, and found that in three weeks' time the days will commence to grow longer again.....

Winter Solstice - 21<sup>st</sup> June In Australia, winter solstice is an astronomical phenomenon which occurs each year in June as the Earth orbits the Sun. It marks the shortest day of the year and the longest night and is a wonderful time of year to reflect on and honour the wonders of nature. From this day, the days in Australia and the rest of the southern hemisphere will continue to grow longer as the Earth continues to orbit the Sun, getting closer each day until it reaches the summer solstice in December.

I am sure many of you visited the Hunters Hill Art Exhibition last week. Hunters Hill Council has sponsored this Annual Exhibition since 1955, thus making this the 69<sup>th</sup> Art Exhibition. It was a large Exhibition of paintings and sculpture and we must congratulate our Tony Saunders for having exhibited his painting. Members who remember Past President, Wendell Watt, will also be pleased to hear that she also had a painting in the exhibition.

On a sad note, just this week I heard of the death of past member, Richard Collins. He was a retired accountant and enjoyed his golf and bush walking. R.I.P. Richard.

Taking part in organised Probos Activities provides the opportunity to enjoy the ideals of Probos Membership. Fun and Friendship was enjoyed by thirty-five members who accepted Marilyn's invitation to enjoy "Pizza in Marilyn's Garden" on Friday, 22 May. Rain threatened but was of no consequence as we enjoyed the relaxed atmosphere and good company and I would like to say, 'a Big Thank You to our Hostess, Marilyn'

Back to Probos Business, and Wednesday, 24<sup>th</sup> June is the date for the Annual Presidents Lunch. Anne Day is co-ordinating this Activity which will be held at 12 noon at Stone Restaurant, 551 Lyons Road, Five Dock. This venue was formally Carmen's Restaurant, where we have had many happy Lunches over a long period of time.

For our newer members, it has been our custom to celebrate three Formal Lunches throughout the year, Birthday Lunch, Presidents Lunch and Christmas Lunch. Anne has been doing a grand job liaising with the Restaurant, which has easy access and parking. Please contact me or Anne if transport is a problem.

And before I sign out, I would like to share a personal event in my life. I recently received a letter from Dept of Transport advising me that I am approaching a certain birthday, and I must be assessed as being fit to drive. I asked a friend's advice and she recommended a gentleman, Jackie Dadlani, a certified Driver Assessor. He came to my house, I drove him around the district for an hour, through every round-about and set of lights. He emails his assessment to Department. His fee was \$90 and if you ask for a lesson prior to assessment, that fee is \$100.

For your information, his phone # is 0406 517 311.

*Josephine*

**FOR YOUR DIARY**

**Tuesday 7<sup>th</sup> July**  
 General Meeting  
 10:00  
 Speaker:  
 Coach & Holidays  
 \*\*\*\*\*

**Thursdays**  
 Coffee Morning  
 Sunroom 10:00  
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**Monday 6<sup>th</sup> July**  
**Golf**  
 TBA  
 \*\*\*\*\*

**Tuesday 14<sup>th</sup> July**  
 Movies  
 Sandy Mower  
 TBA  
 \*\*\*\*\*

**Friday 10<sup>th</sup> July**  
 Exotic Lunch  
 Shavarsh TBA  
 \*\*\*\*\*

**Tuesday 14<sup>th</sup> July**  
 Archibald Tour  
 Meet at the Gallery 10:15  
 Lex Lees  
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**Friday 17<sup>th</sup> July**  
**Book Club**  
 Juliet Bishop  
 \*\*\*\*\*

**Monday 20<sup>th</sup> July**  
 Golf  
 TBA  
 \*\*\*\*\*

**Friday 24<sup>th</sup> July**  
 Mayoral Reception  
 Hunters Hill Townhall  
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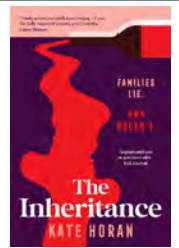
**Possible Future Events**

Riverboat Postman  
 20<sup>th</sup> August

Royal Botanic Gardens  
 early September

Zig Zag Railway  
 late November

**Book Club**



Our book of the month was *The Inheritance*, the debut novel from Sydney writer Kate Horan. Families lie, DNA tests do not.

Isobel Ashworth, the privileged daughter of a wealthy Sydney property developer, is keen to show her father and family that she deserves to be a serious player in his succession plans. Her father commissions her to rescue a failing construction project in Hartwell, a fictional country town with a fair resemblance to Berrima. Is this difficult task to test her or to make sure she fails so that her favoured elder brother has a clear path to the top?

Meg Hunter is now estranged from her single mother Jenny, who has always refused to discuss Meg's paternity. The pair had consistently moved house on account of Jenny's unexplained fear that someone was out to get her. Due to early-onset dementia, Jenny is now in an institution and when Meg visits her starts referring to Hartwell and to a mysterious "Tina". Meg knows of no connection with the town.

As a struggling journalist Meg smells a story when her initial curiosity about Hartwell reveals widespread local opposition to the Ashworths and their project. She decides to investigate, and before long both she and Isobel find themselves on parallel courses as they strip away the cover-up of a tale of crime, corruption and deceit, and as new crimes are committed in an effort to stop them. Someone anonymously stirs the pot by giving the family Christmas presents of vouchers for DNA testing.

The complexities of this story were such that we came up with conflicting views as to the worthiness of Isobel and Meg and some of the minor characters, and therefore where our sympathies lay. But I'm sure you will be relieved to know that all of us present were strongly against crime, corruption and deceit. We had a good discussion on the subject of the rights of an individual to be given the truth concerning their parentage, yet how such knowledge carries such risks that its concealment can appear imperative. In fact, DNA testing shows that about one in four of us is misinformed of our paternity!

All in all, we were intrigued by this first novel, but disappointed by its rather lame ending.

So we move on to our June assignment, which is *Unsettled* by Kate Grenville. Two decades after her release of *The Secret River*, the author recounts a kind of pilgrimage to the places where her family stories actually happened.

**Bob Way**

**Fall Prevention**

Tim Elcher is a Chiropractor and has practices in Gladesville and Leichhardt. He explained that he had to do a university degree in subjects similar to those studied by Physiotherapists and works with them in his practice. He has both a Bachelor and Masters degree.

Tim gave us a couple of exercises to do and was going to send a copy of some exercises to practise at home but due to technical difficulties (his email is down) he was unable to send them. He will send them when he is able.

He talked about chronic pain treatment, headaches and back pain. He answered questions on use of "Revitive" used for circulation, using inversion boards to decompress and gentle exercise.

He also tested (after the presentation) a number of members for flexibility of movement of their head as this effects the ability to detect hazards around themselves.

**Jenny Thomson**

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Shortly before going to press, Jenny advised me that the material has arrived. Please let Jenny know if you are interested in a copy and she'll send you one after the meeting.

**Mike**

### A Successful Fullerton Hotel / GPO Tour

On Tuesday 19 May an interested group from the club met at the Fullerton Hotel, #1 Martin Place, for an historical tour of the former GPO, once the communications hub of Sydney.

Our guide Leisa talked us through the decades of the site, including the Tank Stream, which we saw in the basement, and the original Shipping Board, which posted the eagerly awaited arrival and departure times of the only transport into and out of the early colony.

The grand and intricately carved exterior of the building revealed the aspirations and politics of the time, and we were fascinated to examine the controversial carvings of working men and women on the Pitt St façade, which was the 'tradesmens entrance'.

A late lunch was secured, with some difficulty, after the tour!

**Don't forget** to register for our Fire Station #1 Tour on June 16<sup>th</sup> at 10.00am. Ashlyn will have the sign up sheet at the June 2<sup>nd</sup> meeting, and I'll be back for the tour.



### Big Stories Little Films

Danika Armytage comes from a television production career. She started her own production company “Big Stories Little Films” after her grandmother asked her to be interviewed and filmed in 2012. She helps people to make their own life stories that show not only their life history but where they live, their voices and expressions (e.g. laughter). A wonderful record for the next generations.

Danika asked if anyone had already made a “life story”. Some members, Garth, Peter and Mike, had either written, photobook or oral history.



She then showed us a number of short excerpts from some of her work.

She gave other examples of how you could record your own family history by asking questions about their lives (e.g. childhood, schooling and the type of classrooms, activities and holidays). For a written record you could ask and record a question a day if a family member lives in another area (e.g. SMS or email ). You could go through photos and make a photobook.

Your mobile phone can be used to record a video, and she gave us a list of 10 questions and some hints to do this.

There are a number of web sites that can help.

This presentation inspired members to think about their own life history and how to preserve it for their own families.

*Jenny*

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*Due to an administrative oversight in “Newsletter Central”, this article was not published in the May Newsletter. The guilty party was severely chastised and is likely to be replaced in the upcoming months.*

*Ed*

### Probacchanalians



The unusual six Italian varieties - three whites, three reds - were interesting and well received.

Our next gathering is on Wednesday, 5<sup>th</sup> August where I will serve six shiraz wines from six Australian areas to display the differing flavours of different regions.

*John Timmins*

**And Now for Something Completely Different**

Some 36 club members met in in Lane Cove on Friday May 22<sup>nd</sup>. A typical autumn day comprising bright sunshine with drizzle, cloudy and overcast features weatherwise.

The event, an impromptu Pizza lunch hosted by our esteemed Treasurer, Marilyn. The perfect beverage to compliment the pizzas, champagne was proved by Dellane and shared by most present. Assorted additions to the menu were voluntarily provided by assorted members, while bar service and other administrative duties provided by male members of the committee.

All in all, a verry successful event enjoyed by all and not spoiled by the weather.



Our collective thanks to Marilyn for thinking of and organising the festivities.

*Mike*

**Scenic Lunch**

Our next lunch is a scenic lunch, Friday 12<sup>th</sup> June, 1:00 pm Mosman RSL Club, 719 Military Rd, Mosman, **'THE FERNERY'** Roof Top Restaurant with a view of the Sydney City Skyline. I booked for 20 to start, as it is a club, it is OK if we don't get 20!

The menu is typical Australian Club dishes, plus, several typical Italian ones. I am told that we'll be able to order and pay individually. They asked, if we all get to the restaurant at 1 pm for them to take all orders at the same time.

Secure free 2 hours Parking is available via Gouldsbury Street carpark off Military Rd next to their building. There is no direct access to the club, but I am sure there are signs how to get to the club, you may also find some parking on Military Rd or on side streets. There is a lift from the foyer at the reception desk to take you to the roof.

As always, "carpooling" is strongly recommended.

Please come and register to confirm your attendance at our Coffee/Tea break.

*Shavarsh*

## Probus Music



There is much to choose from this month. In addition to what's listed below, there are links to some other concerts. Last month I attended a fascinating concert put on by Musica Viva in the Morning Masters series at the Concourse. The program was called "Reimagining Schubert" and was presented by Neal Peres Da Costa on fortepiano and Anna Fraser soprano. The presentation was the result of research into likely performance practice around 1830 using published texts from the time and very early recordings from the 20<sup>th</sup> century of singers who perhaps learn their practice around 1850. It differed from any Schubert heard before- very declamatory, well explained and very well presented. And the cake was delicious!

### Wednesday June 3, 12 noon.

**LIVE AT LUNCH** presents:

*Ancient Letters*

Jane Rutter, Tamara-Anna Cislowska and Elena Kats-Chernin –

A spellbinding journey through history, reimagining some of the world's most intriguing exchanges and written treasures, from the first recorded letter by a young Uzbek woman to intimate writings by Bach, Schubert, Chopin, Colette, Colonel T.E. Lawrence, Dimitri Shostakovich, Jane Rutter and the Uzbek Girl.

At the Concourse, Chatswood. Full \$54, Concession \$47.

### Wednesday June 10, 11.00 am

**MUSICA VIVA** presents:

*Sydney Morning Masters*

The Partridge String Quartet.

Program: Holly Harrison; Fluro Electric. Debussy; Quartet in G minor.

At the Concourse, Chatswood. Full \$53, includes cake and coffee!

### Friday June 12, 2.30 pm.

**THE BACH AKADEMIE** presents:

*Collegium Musicum*

The program features highlights from Telemann's Tafelmusik and Bach's Double Violin Concerto, celebrating works performed at Leipzig, a remarkable place of enlightenment, by Bach and his colleagues.

At the Mosman Art Gallery, Full \$75, Concession \$55.

### Sunday June 14, 3.00 pm.

**THE AMATEUR CHAMBER MUSIC SOCIETY** presents:

*An Afternoon of Elegant Chamber Music*

The programme journeys through the elegance, charm, and emotional depth of Baroque and Romantic chamber music – from graceful French sonatas to one of Chopin's most powerful late masterpieces.

At the Kirribilli Neighbourhood Centre, 16-18 Fitzroy St Kirribilli. Full \$15, Concession \$10.

### Saturday June 20, 7.30 pm, Sunday June 21, 2.30 pm.

**THE MOSMAN SYMPHONY ORCHESTRA** presents:

*Ives, Prokofiev, Elgar.*

Program: Ives, *the Unanswered Question*, Prokofiev. *Piano Concerto No 4*, Elgar, *Enigma Variations*.

At the Mosman Art Gallery, Full \$50, Concession, \$25.

### Tuesday June 23, 7.30 pm.

**LANE COVE MUSIC** presents:

*The Baker Boys showcase Brass Brilliance*

Experience a joyful showcase of brass brilliance as The Baker Boys take the stage! From soaring trumpet melodies to the rich depths of the tuba and the expressive voice of the trombone, Elijah, Gabriel, and Isaac share their love of music and the unique bond that only brothers in harmony can create.

At St Andrew's Uniting Church, Kenneth St Longueville. Full \$30, cash only.

Sunday June 28, 2.30 pm.

HUNTERS HILL MUSIC presents:

*An Afternoon with Andrea Lam*

Be captivated by virtuoso pianist and star of the ABC's "The Piano".

At Hunters Hill Town Hall, \$50.

Find more at: [www.kpo.org.au](http://www.kpo.org.au), [www.thebeecroftorchestra.net.au](http://www.thebeecroftorchestra.net.au), [www.killaramusicclub.com.au](http://www.killaramusicclub.com.au)

If you enjoyed Stringybark Jazz at the Balgowlah RSL last year, join them and two other bands at the North Ryde RSL on Saturday June 20.

Graham Holland

## TEMPOS IN TIME 2026

Presented by

Tambourine Bay Winds – 20 piece

Burns Bay Big Band – 22 piece

Stringybark Jazz – 17 piece

Saturday June 20th at 7.30 pm

North Ryde RSL Auditorium

Entry fee of \$15 per person (12 yrs+).

Bookings at [Trybooking.com](http://Trybooking.com).

<https://www.trybooking.com/DMCKZ>

Come to an exciting night of music with 3 outstanding bands from the Lane Cove Community Band group. Enjoy upbeat vocals and instrumentals of new songs, and old favourites we all know and love. Dancers welcome.

Bookings online via link or barcode by 4pm Friday June 19th. Also pay at the door.

Drinks available at the bar. Meals available from Bistro and Coffee shop at club before or during the concert, not included in booking.



For enquiries please email

Ron Wilson [mjrwilson@bigpond.com](mailto:mjrwilson@bigpond.com)

*I've included this "flyer in our Newsletter to promote one of Graham's personal musical activities. He regularly provides us with information about various concerts, musical events and bands etc. hence I'm happy to give him a plug*

Mike

**Probus Club of  
Hunters Hill  
& District Inc**

PO BOX 1041



**June**

Margaret Bowman	1
Lyn Benson	6
Felicity Anne Gabrielli	12
Greer Trevillion	16
Bob Way	16
Josephine McBride	20
Helen Romandi	21
Annette Dale	25

**Editors Musings - Aging**

- \* I always wanted to marry Mrs. Right. I just didn't know her first name would be "Always."
- \* I'm getting older and wider instead of older and wiser!
- \* I thought getting older would take longer, a lot longer.
- \* Now that I've gotten older, everything's finally starting to click for me. My knees, my back, my neck
- \* The older we get, the earlier it gets late. doesn't it

**Barbara's Thought for the Month**

Time is not measured by the years that we live but by the deeds that we do and the joys that we give.

*Author: Helen Steiner Rice*



**PROBUS CLUB OF HUNTERS HILL and DISTRICT  
PO BOX 1041 HUNTERS HILL 2110**

**Committee**

President	Josephine McBride	0488 532 755
Vice President	Dellane Stewart	0405 557 345
Secretary	Ian Beasley	0418 407 409
Treasurer	Marilyn Johnson	0427 668 182
Activities	Ashlyn Allum	0418964773
Speakers	Jenny Thompson	0484 676 1241
Membership Officer	Kevin Manie	0412 349 270
General	Sandie Bredemeyer	0417 210 038
Past President	Margaret Timbs	0438 063 620
Newsletter Ed / Comms	Mike Allum	0417 596 300

(email: mike.allum@bigpond.com)

**Useful Contacts**

Welfare	Barabara Jago	0418 119 632
Book Club	Juliet Bishop	0431 627 834
Exotic & Scenic Lunches	Shavarsh Bedrossian	0402 217
141		
Movies	Sandy Mower	0478 630 620
Golf	Jim Macready	0411 216 480
Music	Graham Holland	0416 232 507
Wine Appreciation	John Timmins	0412 944 722
Honorary Auditor	TBA	

## Activities

### June 2026

	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 <b>General Meeting</b> 10:00 Speaker: Jenny Sheperd "Sudden Cardiac Arrest"	3	4 Coffee - Sunroom	5	6
7	8 Golf Jim Macready	9 Movies Sandy Mower TBA	10	11 Coffee - Sunroom	12 Scenic Lunch Shavarsh Mosman RSL	13
14	15	16 Tour City of Sydney Fire Station Lex Lees	17	18 Coffee - Sunroom	19 Book Club Juliet Bishop The Heritage	20
21	22 Golf Jim Macready	23	24 President's Lunch Stone Restaurant Five Dock	25 Coffee - Sunroom	26	27
28	29	30				

### July 2026

Mon	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Coffee - Sunroom	3	4
5	6	7 <b>General Meeting</b> 10:00 Speaker: TBA	8	9 Coffee - Sunroom	10 Exotic Lunch Shavarsh TBA	11
12	13 Golf	14 The Archibald Exhibition Lex Lees	15	16 Coffee - Sunroom	17 Book Club Juliet Bishop The Heritage	18
19	20	21 Movies Sandy Mower	22	23 Coffee - Sunroom	24	25
26	27 Golf	28	29	30 Coffee - Sunroom	31	