



MEMBERS NEWSLETTER

Information in this
Newsletter is for
Probus members only

FOR YOUR DIARY

Tuesday 11th November

General Meeting 10:00
Delayed due Melbourne Cup
Speaker
Dr Andrew Bowes

Thursdays

Coffee Morning
Sunroom 10:00

Monday 3rd November

Visit to Grace's Place
Barbara Banner
10:30

Monday 3rd November

Golf
Jim Macready

Friday 14th November

Exotic Lunch
Shavarsh
TOTO's
Five Dock

Monday 17th November

Golf
Jim Macready

Tuesday 18th November

Movies
Sandy Mower

Wednesday 19th November

Sydney Hospital
Barbara Banner
11:00 noon

Friday 21st November

Book Club
Juliet Bishop
Heritage

From the President

Hi Fellow Members,

How time flies! My calendar tells me that there are not too many weeks until Christmas and the end of Year 2025.

At our AGM this year, Ian Beasley was nominated and accepted the role of Secretary. However, Ian, due to a previous commitment, was unable until now to take up his duties. On behalf of your Management Committee, I would like to say "Thank You" to Margaret Bowman for her work as our Secretary in recent years. Personally, I thank Margaret for her support to me as I stepped into the role of President.

And of course, a big welcome to Ian as he takes on this duty as our Secretary.

I would like to share a recent experience where I was invited to accompany an old friend and local resident, Ruth Cronk to a special lunch last Thursday, 23rd October. The Lunch was sponsored by www.myguardianfoundation.com.au to celebrate, for the first time in Australian history, "**100 years of life, legacy and inspiration**" at NSW Parliament. This resulted in 150 people, born in 1925 or earlier, and each one celebrating their long life. The longest lives at the Function were recorded by two ladies, both with the given name of Edna, and both born in 1916. It is amazing to think that in their lifetime these people have witnessed the manufacture and development of the motor car as our regular means of transport, Sydney without a Harbour Bridge, King George V was on the Throne.

This event was organised by the aged care provider, My Guardian in collaboration with the NSW Government, the event was a celebration of Australia's oldest living citizens, and the 150 attendees including veterans, Holocaust survivors, pioneering migrants, educators, entrepreneurs, parents and everyday heroes. I feel privileged that Ruth Cronk invited me to act as her carer for the day and so witness this grand celebration. It is an inspiration for our Probus members, that they may aim to qualify and join the invitation list in future times!

Josephine

From October Meeting



L to R: President Josephine inducting Kyle Stolk, Patrick and Anne Mare McDaid.

A very warm welcome to you all

3 months and 2 days to our "50th"

FOR YOUR DIARY

Tuesday 2nd December

General Meeting 10:00

Morning Tea Guest:
Anthony RobertsSpeaker
Martin Kinsky
*******Thursdays**

Coffee Morning

Sunroom 10:00
*******Monday 1st December**

Golf

Jim Macready

Wednesday 3rd December

Wine Appreciation

The Heritage 15:00

Richard Jones
*******Wednesday 10th December**

Christmas Lunch

Deckhouse

Barbara
*******Friday 12th December**

Scenic Lunch

Shavarsh

TBA
*******Monday 15th December**

Golf

Jim Macready
*******Tuesday 16th December**

Movies

Sandy Mower
*******Friday 19th December**

Book Club

Juliet Bishop

Heritage

Book Club



In 2003, at the age of seventeen, South Australian schoolgirl Hannah Kent visited Iceland as an exchange student. Twenty years later she published her debut novel, *Burial Rites*, based on the haunting story of Agnes Magnúsdóttir, the last woman executed (in 1829) in Iceland. The novel won many awards, has been translated into over 30 languages and is being adapted for film.

Always Home, Always Homesick is a memoir of Hannah's experiences in that beautiful and mysterious country, which she has come to love as a second home. It tells of the people who embraced her and are now her second family. It also recounts her efforts both then, and on subsequent visits, to research and publish the novel.

Several members of our panel had read and enjoyed *Burial Rites*. In *Always Home, Always Homesick* even those who had known nothing of that work found something to appreciate beyond the author's beautifully poetic writing style – even though the details of the various local literary luminaries she met and the conferences she attended did become pretty tedious.

For our November 21st meeting we are forming our opinions of *Lyrebird*, a mystery thriller by local author Jane Caro.

Bob Way

Exotic Lunch November



The November Exotic lunch will be held at "TOTO's" 59 First Avenue Five Dock, Rodd Point at 1:00 pm Friday, 14th November.

Please note that, like last September, it will be Italian style, share all, lunch.

Along with the restaurant owners, I will choose, and order, a selection of antipasti, salads, pizzas, pastas and Gnocchi's.

Toto's does not sell liquor, but is BYO, wine only and doesn't charge corkage or for the wine glasses. Soft drink, deserts, gelato, coffee, etc should be paid by you.

It will be \$40 each. For me to go ahead and inform the Restaurant, I will need the payments in cash. Please come and register at the desk and pay at the coffee break. Correct change is appreciated.

The restaurant doesn't normally do lunch, but again, like last year, the owners are doing us a favour, so will have the entire restaurant to us.

For the time being I have booked for 20, to make it work we need a minimum of 20 attendees, hope I for more.

Parking: Free Street parking around the Roundabout. Car-pooling is strongly recommended.

There will be several copies of a map showing the location for those that aren't familiar of the area and doesn't have GPS in their car or on Mobile.

Shavarsh

30th Anniversary of Women Joining Hunters Hill Probus

At the conclusion of the October General Meeting, Josephine invited Pat Cox and Vincie Wahlquist to take front row seats and announced we were about to celebrate some very noteworthy events.



On September 5th 1995, Pat and Vincie joined our Probus Club and are our longest serving members, reaching 30 years of continuous membership.

Josephine asked if anybody would like to make any comment on this significant event in the clubs history.

Mike Regnis took the opportunity and said, among other things;

"October is 'Probus Month' and, as resolved back in January, this year we decided to mark it by formally noting our club becoming a 'Mixed' one 30 years ago – in 1995, and to honour that small group of women who became members back then. And, in this regard we are so fortunate to have with us two of those members, Pat Cox (who was Pat Gabell back then) and Vincie Wahlquist.

Pat and Vincie are two lovely people who so richly deserve accolades for their achievements, and who have now been awarded their 30 years' service badges. Both have contributed so much. They have served on the Management Committee, and been Presidents of the club: Pat for three separate terms – a record! Pat and Vincie have also done much more, in welcoming others into our midst, acting as "meeters and greeters", and with Vincie still involved in our half-yearly collections for the less-advantaged in Hunters Hill. The two of them have brought warmth and wisdom to our club.



On a personal note I had the honour of being the club Secretary when Pat was elected President back in 2006. At the outset I did not know her that well. However, mid-term I wrote her a letter, acknowledging that fact, but saying that in the 6 months I had seen her wisdom, leadership and warmth in action and realised what it brought to the club and members. I still feel that way – for Pat, but also Vincie. Our club is the better for it."

Mike Regnis

Josephine then presented Pat and Vincie their 30 year "pins" and Certificates.

In response both Pat and Vincie spoke about their individual experiences with Pat extolling the virtues of the Probus movement encouraging all members to get involved in the club activities as well as participating in the running of the club by nominating for one of the Management Committee positions at the appropriate time..

Vincie spoke of the early days when a number of "pantomimes" were organised on special occasions. She recalled a number of very humorous incidents, as if they occurred yesterday.

The final formal event was for Josephine to present Pat and Vincie, a plaque commemorating that significant event way back in 1995.



The formalies over, it time for a magnificent morning tea organised and created by Barbara Jago.



2025 Sausage Sizzle

We held our annual Sausage Sizzle, a now regular club activity for "Probus Month", at the Kokoda Track, Concord, on Thursday 23rd October.

A total of 38 members turned up, some expected and several NOT expected, All were welcome .

We had a new head chef this year Robert Hertzog, our now retired former head chef Mike Regnis got started on the onions (thank you Mike).

Also thank you Barbara Jago for cutting up the onions, makes you cry thinking about it.

Thank you to everyone who contributed by bringing along so many salads, dips, bread rolls sausages and all the condiments. There was plenty of wine, soft drinks and water on hand. I am sure everyone had a wonderful time. The sausage sizzle is always a popular day, long may it continue.



Barbara Banner

Probacchanalians



The WAG convened in Mary's room at the Heritage on Wednesday 8th October and the committee laboured long and hard over the credentials of Gamay and Pinot Noir from France and Australia.

It became abundantly clear that both varieties have much to recommend them, but it was your adjudicator's casting vote that got the Tasmanian Pinot over the line!

The last wine was tricky as it had both gamay and pinot noir from Burgundy and Margaret River which reminds me that a committee is a group of individuals who can do nothing individually, meet in committee to decide that nothing can be done together!!

By popular consensus, our next meeting of WAG 3 December will be Shiraz (Syrah) blends.

We are now in our third year of wine exploration and for your entertainment here is a list of our previous WAG's tastings:

1. Australian Shiraz
2. Favourite. varietal of country
3. Rieslings of the world
4. Sparklings of the world
5. Cabernet Sauvignons of the world
6. An Italian pilgrimage
7. Australian whites
8. The world of Pinot Noir
9. A Rose by any other name still smells as sweet
10. The wines of the Iberian peninsula
11. GSM s of the world
12. White wine varieties of Italy
13. Italian reds North to South tour
14. Italian red varietals, Australian style
15. Gamay and Pinot Noir of Australia and France
16. Shiraz (Syrah). Blends

In Vino Veritas

Richard Jones

Probus Music November



There is a lot on in November as you can see by the number of websites to which I have guided you. If I put in all the details, Mike would run out of pages! And for the fans, a special mention of Stringybark Jazz's next play out.

Sunday November 9, 2.00 pm

THE WILLOUGHBY SYMPHONY CHOIR presents:

Handel's Messiah.

Messiah continues to be one of the best-known and popular choral pieces, dramatic and spiritual. A large-scale oratorio, it celebrates three concepts: the story of Christ's nativity and its prophecy; the crucifixion and redemption of mankind; and a commentary on the

Probus Music November (cont'd)

Christian soul and its victory over death. The choir is the heart of the work, complemented by four soloists and Willoughby Symphony Orchestra. Everybody should hear the Messiah at least once in their life!

At the Concourse, Chatswood.

Full \$60, Concession \$50. Not many seats left!

Sunday November 16, 3.00 pm.

THE KURINGAI PHILHARMONIC ORCHESTRA presents:

Mozart, Strauss and Beethoven.

The KPO presents an afternoon of celebration and exuberance. From the folk-like main theme of the first movement to the whirling excitement of the finale, Beethoven's Symphony No. 7 is propelled by rhythmic energy. The concert opens with Mozart's elegant Haffner Symphony, then soloist Ben Jacks performs one of the most dazzling French Horn concertos in the repertoire, Richard Strauss's Concerto No. 1.

At the Turramurra Uniting Church,

Full \$45, Concession \$40.

Saturday November 22, 4.30 - 6.30 pm.

THE ROSEVILLE MUSIC CLUB presents:

A Jazz Gala

Featuring artists from the Sydney Conservatorium.

At the Forestville RSL, 22 Melwood Ave, Forestville.

Full \$40, Concession \$35.

Sunday November 23, 2.30 pm.

HUNTERS HILL MUSIC presents:

The Affinity String Quartet

Program

Heloise Werner - Incantation in Four Parts

Mozart - Adagio and Fugue in C minor

Justin Williams - Movement for String Quartet

Debussy - String Quartet in G minor

At the Hunters Hill Town Hall

Full \$45, including a glass of wine!

Tuesday November 25, 7.30 pm.

THE LANE COVE MUSIC CLUB presents:

The Macquarie Singers, PULSE.

Macquarie Singers presents Pulse, a dynamic choral performance that brings together vibrant, rhythm-driven music with a strong pulse. This concert will feature dance-inspired compositions and diverse sounds from across the globe. Interwoven with some more reflective work, the concert will ring with lively energy.

At Lane Cove Mowbray Uniting Church, Rosenthal Ave, Lane Cove. Opposite the Canopy.

Explore these websites for more music in November:

www.willoughbysymphony.com.au; www.mosmanorchestra.org.au; www.wyvernmc.weebly.com;

www.killaramusicclub.com.au; www.sydneymozartsociety.com.au; www.selbyandfriends.com.au;

www.camerataantipodes.com.au; www.operantics.com.au; www.thoroughbass.com.au; www.innominata.org.

STRINGYBARK JAZZ: Your favourite big band will be playing at the northern end of Chatswood Mall on Sunday, November 23 from 1 pm to 4 pm. You will be able to hear us! We will be busking, so bring your money!

Graham Holland

Probus Club of Hunters Hill & District Inc

PO BOX 1041



November

Peter Kelly	1
Nancy Agland	3
Carol Timmins	10
Kathy O'Sullivan	16
Jenny Thomson	19
Lyn Monk	27
Garth Juster	28
Barbara Banner	30

Editors Musings - Ageing

- * Another Saturday night in the house and I just realized the garbage goes out more than me.
- * Remember when you were little and all your underwear had the days of the week on them. Those would be helpful right now.
- * I saw an ad for burial plots, and thought to myself - that's the last thing I need.
- * Growing old beats the alternative of dying young.
- * If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
- * I intend to live forever. So far, so good.

Barbara's Thought for the Month

Always do your best - Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick.

Under any circumstances, simply do your best, and you will avoid self-judgement, self-abuse, and regret.

Author: Don Miguel Ruiz



"It's a pacemaker for your heart.
Plus, you can download apps for your liver,
kidneys, lungs, and pancreas!"

PROBUS CLUB OF HUNTERS HILL and DISTRICT PO BOX 1041 HUNTERS HILL 2110

Committee

President	Josephine McBride	0488 532 755
Vice President	Dellane Stewart	0405 557 345
Secretary	Margaret Bowman	0438 165 016
Treasurer	Marilyn Johnson	0427 668 182
Activities Convenor	Barbara Banner	0405 427 259
Speakers	Jenny Thompson	0484 676 1241
Membership Officer	Kevin Manie	0412 349 270
Past President	Margaret Timbs	0438 063 620
Newsletter Ed / Comms	Mike Allum	0417 596 300

(email: mike.allum@bigpond.com)

Useful Contacts

Welfare	Barabara Jago	0418 119 632
Book Club	Juliet Bishop	0431 627 834
Art Group	TBA	
Exotic & Scenic Lunches	Shavarsh Bedrossian	0402 217 141
Movies	Sandy Mower	0478 630 620
Golf	Jim Macready	0411 216 480
Music	Graham Holland	0416 232 507
Wine Appreciation	Richard Jones	ramjones@bigpond.net.au
Honorary Auditor	James Macready (member)	

WEBSITE: www.huntershillprobus.org

BANK: Acct No: 00902310

BSB: 062 182

Activities

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 "Grace's Place" Barbara Banner	4	5	6 Coffee - Sunroom	7	8
9	10	11 General Meeting 10:00 Speaker: Dr Andrew Bowles	12	13 Coffee - Sunroom	14 Exotic Lunch 'TOTO's Five Dock Shavarsh	15
16	17 Golf Jim Macready	18 Movies Sandy Mower	19 Sydney Hospital Tour Barbara Banner	20 Coffee - Sunroom	21 Book Club Juliet Bishop	22
23	24	25	26	27 Coffee - Sunroom	28	29
30						

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Golf Jim Macready	2 General Meeting 10:00 Speaker: Martin Kingski	3 Wine Appreciation Heritage 15:00 Richard Jones	4 offee - Sunroom	5	6
7	8	9	10 Xmas Lunch The Deckhouse 12:00 Barbara	11 Coffee - Sunroom	12 Scenic Lunch Shavarsh TBA	13
14	15 Golf Jim Macready	16 Movies Sandy Mower	17	18 Coffee - Sunroom	19 Book Club Juliet Bishop	20
21	22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day	27
28	29	30	31 New Year's Eve			